

Happy Days

Child Development Center

Lunch Menu For the Month Of April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1 Tuna (1.5 Oz) Sandwich. Steamed Carrots Minestrone Soup.	2 Fish Sticks (1.5 Oz). Spanish Rice Lentil Potato Soup	3 Chicken Taquito Spaghetti Tomato Rice Soup.	4 Corn Dogs. Brown Rice & Carrots Split Peas Soup	5 Cheese Quesadilla Mix Vegetables Bean Soup.
8 Beans & Cheese Burrito Steamed Corn Minestrone Soup.	9 Cheese Pizza Broccoli Tomato noodle Soup.	10 Diced Chicken Breasts Brown Rice & Yellow Lentil Carrot soup	11 Grilled Cheese (1.5 Oz) Sandwich. Peas & carrots Bean Soup.	12 Cheese Fettuccini Steamed Carrots Split Peas Soup
15 Cream Cheese (1.5 Oz) Sandwich. Vegetable Blend Broccoli Soup	16 Chicken Nugget (1.5 Oz). Spanish Rice Bean Soup.	17 Cheese Ravioli Peas & carrots Tomato Rice Soup.	18 Turkey (1.5 Oz) over Rice. Broccoli Split Peas Soup	19 Cheese Quesadilla Steamed Corn Lentil Potato Soup
22 Cheese Pizza Steamed Corn Tomato noodle Soup.	23 Turkey grilled Breast Bow Tie Pasta Marinara Split Peas Soup	24 Spaghetti & Turkey Meat Sauce Broccoli Vegetable & Rice Soup.	25 Eggs (1.5 Oz) Sandwich. Mix Vegetables Bean Soup.	26 Beans Taco Peas & carrots Broccoli Soup
29 Orange Chicken Steamed Rice Bean Soup.	30 Hummus Sandwich Cabbage Salad Tomato Rice Soup.			

Notes: 1) Each child is served 0.75 cup of milk with the meal.

2) The Menu is subject to changes as needed. Occasionally, we may need substitute items with others of similar nutritional values.

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Vegetarian Lunch Menu For the Month Of April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1 Hummus Sandwich Steamed Carrots Minestrone Soup.	2 Fresh Pinto Beans Spanish Rice Lentil Potato Soup	3 Tofu Spaghetti Tomato Rice Soup.	4 Veggie Wings Brown Rice & Carrots Split Peas Soup	5 Cheese Quesadilla Mix Vegetables Bean Soup.
8 Beans & Cheese Burrito Steamed Corn Minestrone Soup.	9 Cheese Pizza Broccoli Tomato noodle Soup.	10 Steamed Garbanzo Beans Brown Rice & Yellow Lentil Carrot soup	11 Grilled Cheese (1.5 Oz) Sandwich. Peas & carrots Bean Soup.	12 Cheese Fettuccini Steamed Carrots Split Peas Soup
15 Cream Cheese (1.5 Oz) Sandwich. Vegetable Blend Broccoli Soup	16 Lentil Spanish Rice Bean Soup.	17 Cheese Ravioli Peas & carrots Tomato Rice Soup.	18 Steamed Garbanzo Beans Steamed Rice Broccoli Split Peas Soup	19 Cheese Quesadilla Steamed Corn Lentil Potato Soup
22 Cheese Pizza Steamed Corn Tomato noodle Soup.	23 Cheese Pasta Marinara Split Peas Soup	24 Tofu Spaghetti Marinara Broccoli Vegetable & Rice Soup.	25 Eggs (1.5 Oz) Sandwich. Mix Vegetables Bean Soup.	26 Beans Taco Peas & carrots Broccoli Soup
29 Veggie Wings Potato Hash Brown Bean Soup.	30 Hummus Sandwich Cabbage Salad Tomato Rice Soup.			

Notes: 1) Each child is served 0.75 cup of milk with the meal.

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